

## **4.2 B.** Assessment statements for sexual and reproductive health services

| Factors to be included                            | Statements  | Yes, No or<br>Inadequate? | Comments | Actions |
|---|---|---------------------------|----------|---------|
| Physical and psychological satisfaction/enjoyment | Ensures that quality services are acceptable and accessible to all, particularly marginalized and vulnerable populations, including adolescents, women and girls, people with disabilities, LGBTIQ people, people living with HIV and older people. |                           |          |         |
|   | Providers embrace a positive, non-judgemental approach to the diverse expressions of sexual pleasure.   |                           |          |         |
|   | Providers respect people's sexual practices as defined by individuals, including, but not limited to, vaginal, oral and anal sex.   |                           |          |         |
|   | Providers include sexual<br>pleasure in sexual history<br>taking, counselling and<br>education.   |                           |          |         |
|   | Providers explain to clients how to enjoy sexual activity by themselves and/or with partners.   |                           |          |         |



| Factors to be included                             | Statements   | Yes, No or<br>Inadequate? | Comments | Actions |
|--|--|---------------------------|----------|---------|
| Physical and psychological satisfaction/ enjoyment | Providers explain<br>involuntary sexual response<br>during sexual abuse and<br>rape, including intimate<br>partner violence.   |                           |          |         |
|  | Providers address and explain sexual pleasure and sexual rights in the context of delivering a range of services, such as contraception; HIV/STI testing, prevention, treatment and care; PrEP; PEP; safe abortion; perinatal care and medical care for the menopause. |                           |          |         |
| Self-<br>determination                             | Providers support clients<br>to make informed decisions<br>about their sexuality,<br>balancing ethical and legal<br>implications, depending on<br>the context.   |                           |          |         |
|  | Providers help clients to understand the implications of the decisions they make in their sex lives.   |                           |          |         |



| Factors to be included | Statements   | Yes, No or<br>Inadequate? | Comments | Actions |
|------------------------|--|---------------------------|----------|---------|
| Self-<br>determination | Providers encourage clients to express their sexuality. They don't make assumptions about clients' sexual orientation, gender identity, gender expression or practices.            |                           |          |         |
| Consent                | Providers help clients to<br>strike the right balance<br>between understanding<br>their own feelings and<br>desires and respecting<br>their partners' feelings and<br>desires.     |                           |          |         |
|                        | Providers explain to clients<br>how to say no and accept<br>a no from their partner<br>and always ask for an<br>enthusiastic yes before<br>sexual activity.                        |                           |          |         |
|                        | Providers explain to clients<br>what is permitted sexually<br>within national legal<br>frameworks.   |                           |          |         |
|                        | Providers support adolescent clients to make informed decisions in their sexual relationships, balancing ethical, legal and practical issues concerning the age of sexual consent. |                           |          |         |



| Factors to be included | Statements   | Yes, No or<br>Inadequate? | Comments | Actions |
|------------------------|--|---------------------------|----------|---------|
| Safety                 | Facilities enable all clients<br>to access SRH services in<br>a supportive, stigma-free<br>environment, without fear<br>or shame.          |                           |          |         |
|                        | Providers help clients to protect their own health and their partners'.  |                           |          |         |
|                        | Providers address physical<br>and emotional safety in<br>sexual relationships at the<br>same time as reinforcing<br>the pleasure approach. |                           |          |         |
|                        | Facilities have a system in place for the referral of clients to other services when the client is being abused or in danger.              |                           |          |         |
| Privacy                | Facilities and providers<br>offer a private, confidential<br>space for all clients,<br>including young people,<br>during consultations.    |                           |          |         |



| Factors to be included         | Statements   | Yes, No or<br>Inadequate? | Comments | Actions |
|--------------------------------|--|---------------------------|----------|---------|
| Privacy                        | Providers stress the importance of enjoying sexual activity, including masturbation, in a safe, private space.   |                           |          |         |
|                                | Providers explain that those clients who enjoy sex in public should be aware of the rights of other people who are not involved, as well as any legal implications.  |                           |          |         |
| Confidence                     | Providers support clients to identify factors, such as power imbalances in their relationships or concerns about body image, that limit their confidence to express their sexuality in a healthy, pleasurable way. |                           |          |         |
|                                | Providers refer clients<br>to support networks of<br>specific groups, such<br>as LGBTIQ people, sex<br>workers or people with<br>disabilities.   |                           |          |         |
|                                | Providers help clients to accept and learn from their mistakes and others'.  |                           |          |         |
| Communication<br>/ negotiation | Providers suggest strategies to help clients communicate and negotiate sexual relationships with their partners: discussing expectations, desires and what they want or don't want to do.                          |                           |          |         |